

## WOMEN OF MIDDLE AGE

Need Help to Pass the Crisis Safely—Proof that Lydia E. Pinkham's Vegetable Compound Can be Relied Upon.

Urbana, Ill.—“During Change of Life, in addition to its annoying symptoms, I had an attack of grippe which lasted all winter and left me in a weakened condition. I felt at times that I would never be well again. I read of Lydia E. Pinkham's Vegetable Compound and what it did for women passing through the Change of Life, so I told my doctor I would try it. I soon began to gain in strength and the annoying symptoms disappeared and your Vegetable Compound has made me a well, strong woman so I do all my own housework. I cannot recommend Lydia E. Pinkham's Vegetable Compound too highly to women passing through the Change of Life.”  
—Mrs. FRANK HENSON, 1316 S. Orchard St., Urbana, Ill.

Women who suffer from nervousness, “heat flashes,” backache, headaches and “the blues” should try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

**Needed Shaving.**  
“Doctor in?” asked the caller.  
“Yes, sir,” replied the maid.  
“Can I see him?”  
“I'm afraid not. He's upstairs in his room, shaving.”  
“Oh, very well. Take this bill he sent me up to him and see if he can shave that a little.”

## THE MEN IN CLASS A1

A sound, healthy man is never a back number. A man can be as vigorous and able at seventy as at twenty. Condition, not years, puts you in the discard. A system weakened by overwork and careless living brings old age prematurely. The bodily functions are impaired and unpleasant symptoms appear. The weak spot is generally the kidneys. Keep them clean and in proper working condition and you will generally find yourself in Class A1. Take GOLD MEDAL Haarlem Oil Capsules periodically and your system will always be in working order. Your spirits will be enlivened, your muscles supple, your mind active, and your body capable of hard work. Don't wait until you have been rejected. Commence to be a first-class man now. Go to your druggist at once. Get a trial box of GOLD MEDAL Haarlem Oil Capsules. They are made of the pure, original, imported Haarlem Oil—the kind your great-grandfather used. Two capsules each day will keep you toned up and feeling fine. Money refunded if they do not help you. Remember to ask for the imported GOLD MEDAL Brand. In three sizes, sealed packages.—Adv.

**In Realm of Art.**  
“My fortune's made!” exclaimed the dancing teacher.  
“Have you thought of a new dance?”  
“No. But I've thought of a highly improper name for one.”

**Freshen a Heavy Skin**  
With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented convenient, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Adv.

**Those Happy Days.**  
“These are my salad days,” remarked the green worm as it slowly approached the lettuce in the flourishing garden.

**How's This?**  
We offer \$100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system. Sold by druggists for over forty years. Price 75c. Testimonials free.  
F. J. Cheney & Co., Toledo, Ohio.

**Save From Souring.**  
If food threatens to sour in the muggy weather. It can sometimes be saved by reheating.

## BITRO-PHOSPHATE IS GOOD FOR THIN NERVOUS PEOPLE

**A PHYSICIAN'S ADVICE.**  
Frederick E. Kelle, M. D., Editor of New York Physicians' “Who's Who,” says that weak, nervous people who want increased weight, strength and nerve-force, should take a 5-grain tablet of Bitro-Phosphate just before or during each meal.  
This particular phosphate is the discovery of a famous French scientist, and reports of remarkable results from its use have recently appeared in many medical journals.  
If you do not feel well; if you tire easily; do not sleep well, or are too thin; go to any good druggist and get enough Bitro-Phosphate for a two weeks' supply—it costs only fifty cents a week.  
Eat less; chew your food thoroughly, and if at the end of a few weeks you do not feel stronger and better, than you have for months; if your nerves are not steadier; if you do not sleep better and have more vim, endurance and vitality, your money will be returned, and the Bitro-Phosphate will cost you nothing.

Oil Lands Make Fortunes. \$250 purchases 1/10 interest in 50 acres adjoining 3 producing oil wells; only 4 interests for sale, settling estate. United Trust Co., Independence, Kan.

WHY BECOME BALD—Sul-Cru-Latum saves the hair. Jar 50 cents. Bantline Chemical Co., 1333 H St. N. E. Washington, D. C.

W. N. U., SIOUX CITY, NO. 37-1919.

## Afternoon Frock, New and Piquant



Among the experimental styles which have blossomed out for late summer wear and that hope to survive in fashions for winter, there are afternoon and evening frocks that show much draping of material about the figure. And so long as gowns or suits convey to us that they clothe a supple, youthful and corsetless figure, they are sure of attention. Not that figures are in reality corsetless, or always youthful. But these are the things that must be suggested if the garment is to prove a success. The task of conveying the fashionable outlines lies with the corset maker and the dressmaker, who are very much aided by the softness and limpliness of the fabrics used.  
One of the new draped frocks for late summer is shown in the picture above, made of silk with a satin stripe. Whether or not it is an import, it has a French flavor, with its rather short, split underskirt and bouffant over-

drapery. In the underskirt and overskirt the satin stripe in the fabric runs horizontally, but in the bodice and sleeves the stripes are vertical. All the interest in this frock centers in the management of the fabric, for nothing else is used. The long overdress is caught up in two very deep plaits to form the suggestion of panniers at the sides and a short tunic at the back, and it is considerably lengthened at the left side, where it ends over the split in the underskirt.  
The quaint bodice is extended into a basque and joined to the skirt. A square neck and elbow sleeves are finished with full, soft puffs of the silk. A lace chemise with a falling frill of lace across the front closes the story of this piquant frock which is so unlike its contemporaries. It has a quaint and sprightly style and many of the fibre-silk materials are especially well suited to it.

## In the Kindergarten Class



A small boy, newly arrived at the dignity of pants, and a little girl in her new fall coat for school wear, invite the attention of interested mothers. These are children in the kindergarten stage and they are well clothed in the simple and good-looking things that are pictured here.

There is hardly a season which enters lacking light woolen coats in black-and-white checks for girls and misses. This one, for a little lady of four years or so, is cut to flare and is knee length. It has large patch pockets, with pointed flaps, that support handsome buttons, and a shawl collar of the checked material. The buttons are the special pride and glory of this coat and three of them serve to fasten it at the front. They are black with a ring of white, to match them to the coat. The over collar and straight cuffs of white pique which lend so much snowy freshness to this smart little coat are, of course, detachable, so that they may be kept clean, and several sets of them take their turn at service while their fellows go to the tub.  
The entire suit worn by the little lad is washable. The waist and pants are designed with an eye to easy mending, made of strong cotton materials and put together to last. The

*Julia Bottomley*

Hand embroideries are once more seen on lingerie gowns.

## "BAYER CROSS" ON GENUINE ASPIRIN



“Bayer Tablets of Aspirin” to be genuine must be marked with the safety “Bayer Cross.” Always buy an unbroken Bayer package which contains proper directions to safely relieve Headache, Toothache, Earache, Neuralgia, Colds and pain. Handy tin boxes of 12 tablets cost but a few cents at drug stores—larger packages also. Aspirin is the trade mark of Bayer Manufacture of Monacetic-acidester of Salicylicacid.—Adv.

**Preserving Morale.**  
Morale implies morals, and more. It may be possible to be perfectly clean morally and yet have low morale. Morale implies hope, courage, determination. Many a good man lacks these. He is good morally, but has lost his grip on the world and himself. In spite of his goodness he is doomed to defeat. On the other hand a man can't have the highest morale if his life is not clean. Mental and physical impurity are bound to leave their stain upon the life. Then in time of stress something will give way and the papers will talk about collapse and overwork and things. The only way to meet life's problems is to keep fit. That means more than mere eating and drinking. It means the proper care of the whole organism.

**Some Eats.**  
Patience—I see by this paper that a woman at Hollis, Long Island, missed a diamond from a ring she was wearing, after making sandwiches for soldiers, and has come to the conclusion that the stone must have fallen into one of the sandwiches and been swallowed by some soldier.  
Patience—I've heard of that asked-for-bread-and-given-a-stone business before.

**Sounded Attractive.**  
Patience—Who's the man you just danced with?  
Patience—Oh, he's a Wall street broker.  
“Is he a bear?”  
“I believe so.”  
“Introduce me, will you? I want to try a dance with him. Bears have the reputation of being great huggers.”—Yonkers Statesman.

**Important to Mothers**  
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the Signature of *Dr. J. C. Fletcher*  
In Use for Over 30 Years.  
Children Cry for Fletcher's Castoria

**Stated Financially.**  
“Edith is one of those girls whose interest in a man is governed by his wealth.”  
“I see; the greater the principal the greater the interest.”

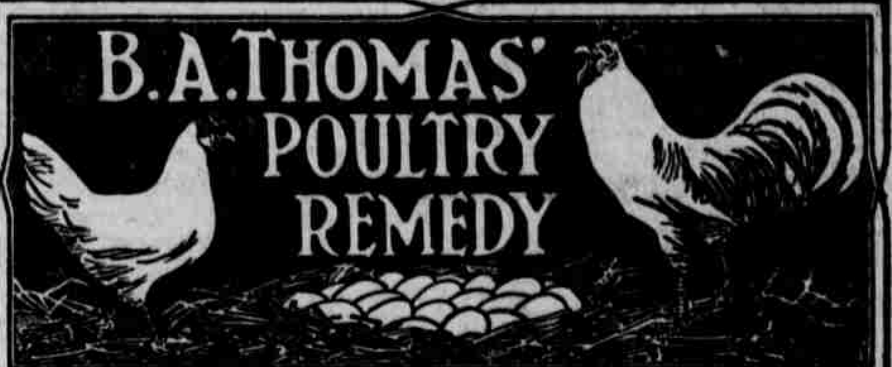
A good name is worth the best care a man can give it.



Savory beans, Mexican peppers, choice bits of tender beef—all in a hot Spanish sauce! Such is Libby's Chili Con Carne—ask your grocer for a package today. Try it with rice, mashed potatoes or spaghetti—it's delightful.  
Libby, McNeill & Libby, Chicago

**The Birds.**  
“Do you think med will ever fly as well as birds?”  
“Better than birds in some respects. Lots of birds can't loop the loop or do a spiral.”  
**Such is Human Nature.**  
Flatter a man and he will forget it the next day; abuse him, and he will remember it as long as he lives.

**True.**  
Examiner in Physics: “What happens when a light falls into water at an angle of 45 degrees?”  
Student: “It goes out.”  
Defeat is always lying in wait for the man who is sure he can't lose.  
It's safer to knock some men down before turning the other cheek.



## Healthy Chicks, More Eggs

Assists Moulting—Good for Bowel Trouble and Other Diseases in Young Fowls  
**RESULTS GREAT COST SMALL**

I purchased a box of B. A. THOMAS' POULTRY REMEDY and began feeding according to directions. At that time my flock of 42 hens were only laying five to ten eggs per day. Today, one week from date of purchase, I am getting eighteen eggs per day. MRS. FANNY MOORE, Alma, Neb.

**B. A. THOMAS' STOCK REMEDY.** Makes healthy, thrifty stock. Keeps them free of worms. A medicine, not a food. Very economical.

**B. A. Thomas' Hog Powder “Saves the Bacon”**

**FARRIS' COLIC REMEDY.** For horse colic. The easy way. No drenching. A child can give it.

OLD KENTUCKY MANUFACTURING CO. INCORPORATED PADUCAH, KY.

# LUCKY STRIKE CIGARETTE

GET a package today. Notice the flavor—the wholesome taste of Kentucky Burley tobacco.

Why do so many “regular men” buy Lucky Strike cigarettes? They buy them for the special flavor of the toasted Burley tobacco.

There's the big reason—it's toasted, and real Burley. Make Lucky Strike your cigarette.



Guaranteed by The American Tobacco Co.